

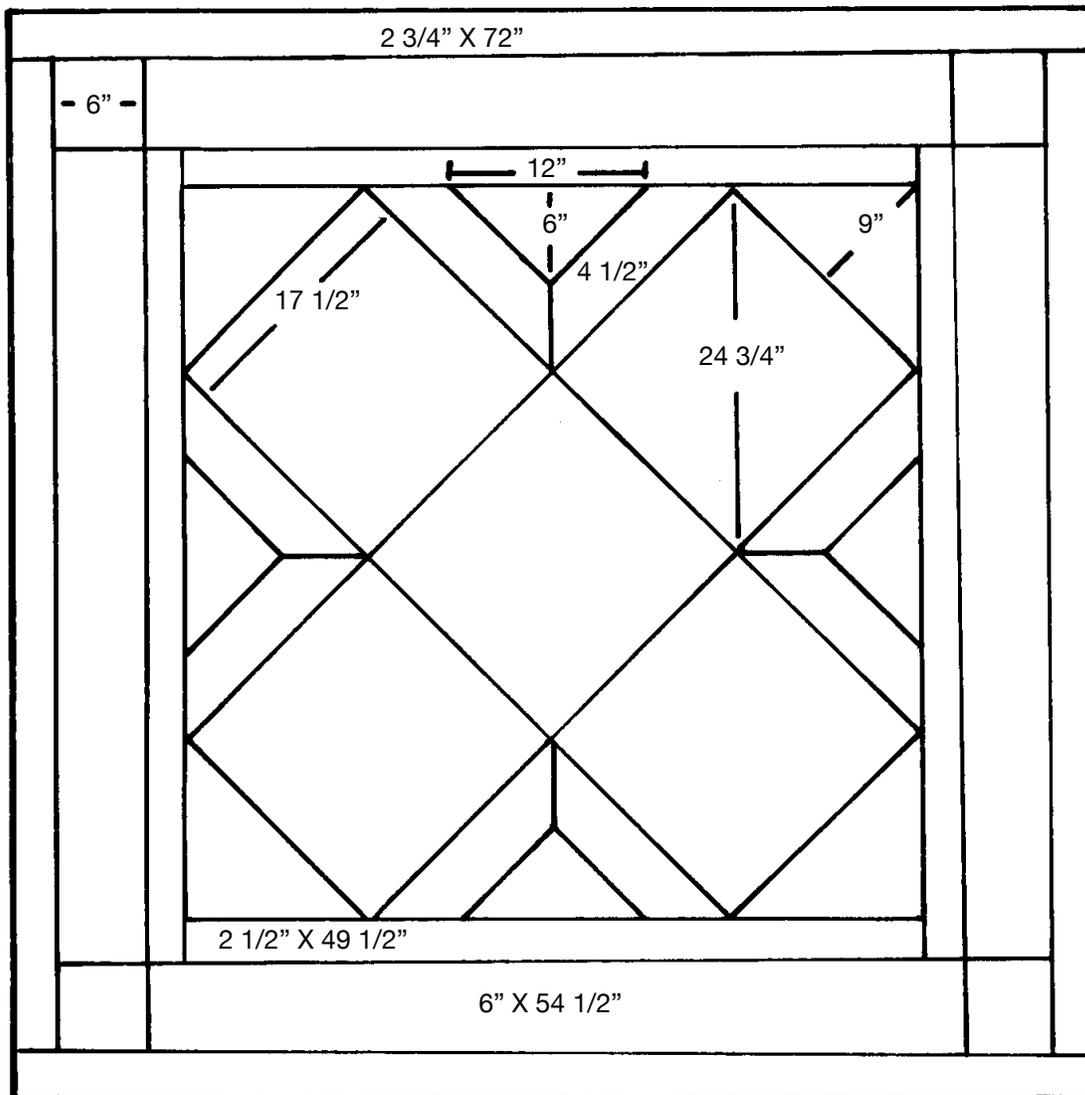
JANE SASSAMAN'S

# FOLK ART HEARTS



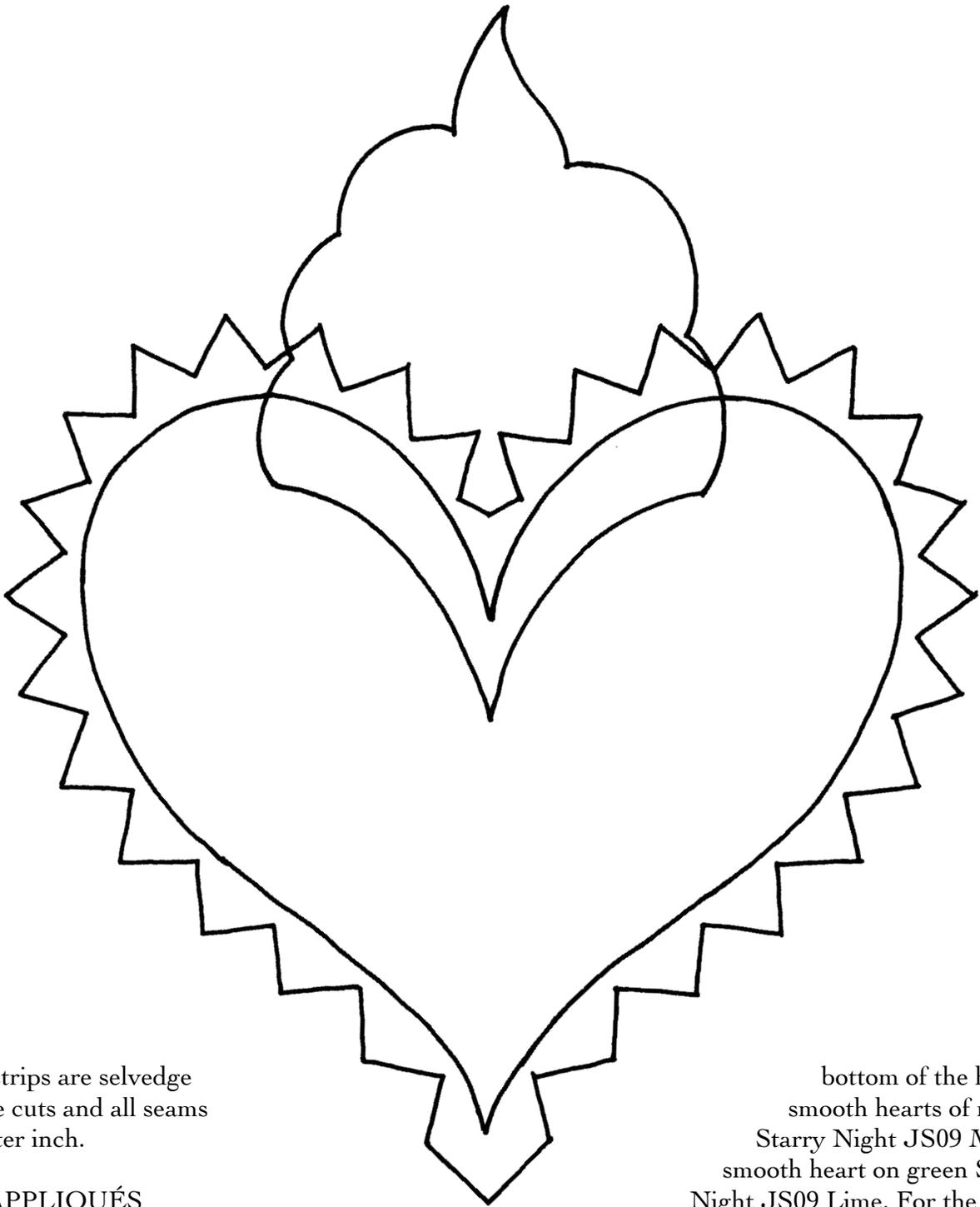
Featuring Jane's Hothouse Garden fabrics for

*Free Spirit* 



## Jane's Hothouse Garden Yardage:

- 2  $\frac{1}{4}$  yards - Red Starry Night, JS 09 Mex
- 1  $\frac{1}{2}$  yards - Green Starry Night, JS 09 Lime
- 1  $\frac{2}{3}$  yards - Purple w/ green Dots, JS 08 Mex
- $\frac{3}{4}$  yard - Green/purple Grass, JS 04 Mex
- 1  $\frac{1}{4}$  yards - Purple Cabochon, JS 07 Mex
- 1 yard - Red Ruffles, JS 02 Mex
- 1  $\frac{1}{4}$  yards - Purple Tree of Life, JS 06 Mex



Note: All strips are selvedge to selvedge cuts and all seams are a quarter inch.

### HEART APPLIQUÉS

Enlarge the heart template on this page 300%. This can be done at your local print shop on a blue print copier. This drawing includes three templates: the smooth heart, the zigzag heart, the flame. Trace 5 of each shape onto iron-on interfacing or tear-away stabilizer. Cut each shape slightly outside your traced line. Fuse or use temporary spray adhesive to fix the shapes onto the back of the appropriate fabric: 5 zigzag hearts to purple/green Dots JS08 Mex (green dots concentrated at the

bottom of the heart), 4 smooth hearts of red Starry Night JS09 Mex, 1 smooth heart on green Starry Night JS09 Lime. For the flames, center the traced interfacing over 5 identical "flame" units from Tree of Life JS06 Mex (part of the background color will be included). Now cut out each shape on the traced line.

### ASSEMBLE HEARTS

Center the smooth hearts on the zigzag hearts. Now slide the flame between the two heart layers and center. The whole heart unit must fit diagonally

inside a 17 1/2" square. Pin the flames to the smooth heart and set the zigzag hearts aside. Using thread to match the heart color, stitch 1/16" from the edge to attach the flame to the smooth heart. Cut away all the extra flame fabric from behind the heart. Now center the heart/flame unit on the zigzag heart and pin them together. Straight stitch with matching thread 1/16" from the smooth heart edge to assemble the whole heart unit. Cut away the extra purple fabric from behind. Now finish the smooth heart edges with a matching color of satin stitch.

## HEART BLOCK

Cut the five 18" squares: four from green Starry Night JS09 Lime and one from the red Starry Night JS09 Mex. Back these squares with iron-on interfacing or spray fixed tear-away stabilizer. Center the red hearts on the green squares and the green heart on the red square. Straight stitch around the edge of the purple heart, 1/16 inch from the edge with matching thread. Now finish the same edge with a purple satin stitch. Tear away your stabilizer.

## MITERED HALF-SQUARE TRIANGLES

Cut four 5" strips of Grass fabric JS04 Mex, so that each strip begins at base of the grass design. Two rows will have green grass and two will have purple grass. Cut each strip in half so you will have eight 22" strips. Now fussy cut four triangles, 12" wide by 6" high (add 1/4" seams) from red Ruffles JS02 Mex. With right sides together, center the triangle over a purple grass strip. The bottom of the grass design should line up with the short side of your triangle and the grass strip will run way beyond the triangle. Be sure you have enough grass fabric on both ends for mitering. Seam the fabrics together, but stop 1/4" away from the triangles corner. Now do the same routine with a green grass strip on the opposite edge of the triangle. Irons seams toward the grass. Fold your triangle in half so the two grasses are facing together and use your ruler and rotary to trim 1/4" beyond where the corner stitching line will be. Now stitch in the mitered seam and press the seam open. Unfold the triangle and press it flat. Repeat this process four times, always keeping the purple grass on the same side of the triangle.

Now you can fussy cut the 4 quarter square triangles for the corners from red Ruffles JS02 Mex. Just make sure the design is centered.

Now you can assemble the blocks in the body of the quilt by sewing the diagonal rows together and then sew the rows to each other.

## BORDERS

Cut thirteen 3" rows of the red Starry Night JS09 Mex. Stitch 5 of these end to end for the first red border. Now cut two 50" strips and two 55" strips. Stitch the two shorter strips to opposite sides of the quilt and press toward the red. Attach the remaining two strips to the other sides. Press seams toward the red fabric.

For the purple border with corner blocks, cut five 6 1/2" strips of purple Cabochon JS05 Mex. Sew them end to end and press seams. Cut it into four 55" strips. Now fussy cut cut four 6 1/2" squares from Tree of Life JS06 Mex. Stitch the blocks onto opposite ends of two purple strips. The corner blocks should be facing the same direction. Attach the short purple strips to opposite sides and press. Now sew on the strips with the corner blocks.

Sew the remaining red strips together end to end. Cut two 67" and two 72". Attach the two short strips to opposite sides and press. Now sew the last two red strips to the remaining sides. I used the backing of the quilt as binding.

## QUILTING

Quilt feathered hearts inside each heart and stipple their background blocks. Echo quilt the grass, ruffles and flames. Zigzags in Red borders. Feathers down the purple borders. Quilt bulls eyes in the corner blocks. Folk Art Hearts was quilted by Jean Shute of Blackbird Quilting, Otis Orchards, WA.

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